



**Gitter**  
VEIN INSTITUTE

Patient Information  
Spider Veins

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VEIN INSTITUTE

## **Sclerotherapy, Laser, & Radio Frequency for Spider Veins**

We treat spider veins with sclerotherapy (injections), laser, radio frequency, or a combination. Spider veins usually have “feeder veins” that need to be treated along with the smaller veins that you see. Laser & radio frequency can be used on the small veins.

Treating spider veins is a process and the average patient will require 3-5 sessions per treatment area spaced 3-4 weeks apart. It is important to understand that each vein needs treated several times before resolution is achieved. All veins are hereditary so while we can eliminate what you have, you can make more throughout your life if pressure return. We strongly recommend yearly ultrasounds to detect any new abnormal vein formation.

The procedures are very tolerable since the needles used are extremely small and the solution is not painful. If laser or radio frequency is used, it is a hot sensation but very quick and you will leave the office with no discomfort after the treatment.

After the treatment, you may experience some bruising from the injections or some redness. You will be asked to wear your compression stockings for 3 days.

## **BEFORE YOUR SPIDER VEIN TREATMENT**

If you desire, bring a pair of shorts with you to each visit. Disposable shorts are available for your use.

You must wear compression hose of at least 20 mmHg; you may bring your own or purchase them from Gitter Vein Institute. Please bring them back with you to each visit.

Do not wear any lotion on your legs the day of treatment.

On average, each spider vein requires 3 to 5 treatments before resolution.

Your treatment plan will be discussed between you, Dr. Gitter, and your nurse. We will accomplish as much as we can safely during one session.

NO sun exposure or tanning bed use for four weeks before a treatment.

NO artificial tanner use for two weeks before a treatment.

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## **AFTER YOUR SPIDER VEIN TREATMENT**

### **(Sclerotherapy/Laser/Radio therapy)**

Wear your stockings for three days when you are up and around. **You do not need to sleep with them.** You may shower as normal.

It is common to have some bruising, redness, mild scabbing for up to 2 weeks post procedure. These will fade on their own.

It is common to feel little lumps and bumps that may be tender. These will resolve fully but may take a few weeks to do so.

All veins treated look worse before they look better.

If you experience any discomfort, you may take Tylenol, Advil, Aleve or any analgesic that works for you.

You may resume normal activity immediately and light exercise may be resumed the next day.

Remember to avoid sun exposure for 2 weeks following your appointment.

Return for your next appointment and remember to bring your compression stockings with you.

If you have any concerns or questions,

Please do not hesitate to contact our office at (504) 833-0111.

## **Services and Pricing**

Spider Veins & Reticular Veins

\$350 (per session)

Sclerotherapy (STS Foam Injections)

Laser & Radio frequency ablation

We will strive to accomplish as much as possible during this time while maintaining patient safety.

### **Sigvaris Compression Hose:**

\$59.00 Select Knee-high

\$79.00 Select Thigh-high

\$45.00 Access Knee-high

\$55.00 Access Thigh-high

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